

MONROE PARKS & RECREATION DEPARTMENT

& BringtheHoopla

are offering a

Free “BringtheHoopla” Class

BringtheHoopla brings the FUN back into fitness!
In this high-energy, one-of-a-kind (hula) hoop class,
we combine physical fitness with a variety of hoop games
that build stamina and focus, foster team-building,
leadership and cooperative play.

WHEN:

Wednesday
April 26th

TIME:

ADAPTIVE PROGRAM

5:00-5:30P.M.

HAPPY HOOPIN

5:45-6:15P.M.

LOCATION:

ROTARY PAVILION
@ WOLFE PARK
285 Culters Farm
Rd

bringtheHoopla



For more information or to register:

See: www.monroerec.org
email: parksandrec@monroect.gov
Visit: Parks and Recreation Department
7 Fan Hill Road, Monroe, CT 06468
Call: 203-452-2806

