

Spring
Glen
School

HAPPY HOOPIN'



In this high-energy (hula) hoop class, we combine physical fitness with a variety of hoop games that build stamina and focus, foster team-building, leadership and cooperative play.

No hooping experience is necessary.
Music and hoops provided!



**Fridays,
January 11 thru
March 1
3:30-4:30pm**

**Grades K thru 4
8 weeks/\$90**

Register at
www.BringtheHoopla.com

